

free in-person program for families with children ages 2.5 to 5 years. Participants will learn to prepare nutritious and delicious recipes, while children engage in activities designed to foster the development of language, cognitive, and social skills.

>> Cooking utensils and ingredients will be provided.

REGISTRATION REQUIRED

Spring Program Dates

Friday Mornings or Afternoons Jan 16th — Mar 13th, 2026

> Full Dates & Schedule on **Registration Page**

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