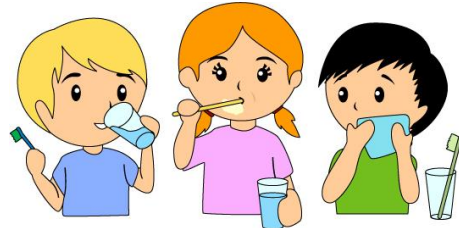


# LEARN & SHARE

## Caring for Your Oral Health During COVID-19

## COVID-19疫情期间的口腔健康保护



United Way Avenues of Change presents a Learn & Share event on “Caring for Your Oral Health During COVID-19” in English with Mandarin translation for families with young children living in Richmond. Oral health is linked to overall health. Come learn how to best keep the whole family’s mouth healthy, which will help keep their body healthy too! Richmond Public Health Dental Program staff will talk about the importance of oral health, how to keep your child(ren)’s teeth and gums healthy and some fun ways to help your child(ren) brush teeth. Our guest speaker will also share some tips about visiting a dental office during COVID-19.

**Wednesday, March 24th, 2021 10:00 am to 11:30 am**

**Online via Zoom Meeting**

### COVID-19疫情期间的口腔健康保护

“COVID-19疫情期间的口腔健康保护” 英语/普通话讲座，由列治文卫生署牙科计划的护士主讲。口腔健康与我们的身体健康息息相关。让我们来一起学习如何做好全家人的口腔健康保护，从而促进全家人的身体健康！列治文公共卫生署牙科计划的护士将和我们一起讨论口腔健康的重要性，讲解如何保持孩子的牙齿健康，以及一些有趣的方法来帮助孩子刷牙。主讲嘉宾还将分享有关在COVID-19疫情期间去牙科诊所看诊的提示。欢迎住在列治文市的家长参加！

**2021年3月24日，星期三，上午10时至11时30分**

**在线讲座: Zoom Meeting**

**Speaker 主讲嘉宾: Lisa Enns, RDH**

**Vancouver Coastal Health – Richmond Public Health Dental Program**

**Registration 报名: [Eventbrite.ca](https://www.eventbrite.ca)**

**Inquiry 查询: Annie Leung 梁小姐**

☎: 604-207-5027 ✉: [aleung@touchfam.ca](mailto:aleung@touchfam.ca)

扫描二维码在线登记  
Info & Registration



**Vancouver Coastal Health**  
Promoting wellness. Ensuring care.



**United Way**  
Lower Mainland

