## STEP UP AND EMPOWER YOURSELF

A Community Support Group for Richmond Mothers & Caregivers



Thursdays from 10-11:15 am Meetings will take place over Zoom Now through March 25, 2021

For more information or to register, please call or email us today: (604) 279-7060 office.rwrc@shawcable.com
www.richmondwomenscentre.bc.ca



TOGETHER WE ARE RESILIENT

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