Richmond Mental Health & Substance Use Family & Child Counselling Program Presents:

Parent-child Relationships: The Heart of Brain Development



- 1. Understanding your child through brain development
- 2. A neuroscience perspective of parent-child relationships
- 3. How to strengthen resilience in your child

<u>Date</u>: Friday, January 15th, 2021 Time: 10:00am to 11:30am

Location: Online - a link will be sent via email

Register on Eventbrite: https://bit.ly/2JYsfjj
or call 604-233-3223

Deadline: Wednesday, January 13th, 2021 at 4:00pm



This workshop is for parents only and it will be presented in English.

Priority will be given to Richmond parents and caregivers of children ages 12 and under.



For more inquiries:

Phone: (604) 233-3223

Email: FamilyChildCounselling-Richmond@vch.ca
Website: https://bit.ly/2kmgSW1