Priority given to Richmond Parents of children under age 12 Family & Child Counselling Program of VCH Richmond presents

## A free Workshop on Brain-wise Parenting (English Workshop)

In this 2 hour workshop, you will learn about:

- 1. Neuroscience perspective of parent-child relationship
- 2. Understanding your child through brain development
- 3. How to strengthen resilience in your child through a secure relationship?
- 4. Tools to nurture a secure relationship using play



## HOW TO SIGN-UP FOR THE WORKSHOP:

Register online @ Eventbrite.ca https://bit.ly/30G7Val

OR

Call Family & Child Counselling 604-233-3223

Registration

Deadline

Wednesday

February 12, 2020

@ 4:00 p.m.

This is a PARENT ONLY Workshop NO CHILD MINDING Provided

## Date:

February 21, 2020 (Friday)

**Time:** 9:45am to 11:45am

## Location:

**Garratt Wellness Centre** 7504 Chelsea Place, Richmond Room #4

Tel: 604-233-3223

Email: FamilyChildCounselling-Richmond@vch.ca



