

Nobody's Perfect Parenting Program

完美難求免費家長課程 (廣東話)



A FREE program for parents/grandparents, and your child (age 0 to 5)

完美難求免費家長課程: 為家長,祖父母及五歲以下兒童而設

主題包括: 兒童生長發展、幫助孩子養成良好行為、保持孩子的健康等

- **MEET** with other parents of young children
- **SHARE** questions, concerns and ideas about being a parent
- **LEARN** about child development, safety, health and behaviour
- **DISCUSS** real-life parenting situations
- **DISCOVER** positive ways of parenting

** Free child-minding available* 附設托兒服務

Date: January 13-February 24, 2020 (Every Monday. *No class on Feb. 17)

Language: Cantonese 廣東話 Time: 10am-12pm

Place: 295-7000 Minoru Blvd. (Caring Place) Richmond