

Virtual Baby Days

In partnership with:



Join Richmond Public Health Nurses and other health professionals ONLINE to share the joys and challenges of being a new parent. Parents with children under 8 months encouraged to join in.

No pre-registration necessary.



Tuesdays:

Join us on Zoom between 2:00 – 3:00pm.

Click the link below or scan the QR code to access the Zoom meeting:

<https://vancouvercoastalhealth.zoom.us/j/93828838737?pwd=VzdZWlJWc2c1WURQMUEyUmYwdzRMZz09>

Password: 6042333150

<u>Date</u>	<u>Class</u>
June 2	1. Crying and Soothing
June 9	2. Healthy Sleep Habits
June 16	3. Beautiful Smiles/Dental Health
June 23	4. Parenting During COVID
June 30	5. Introducing Solid Foods

Not sure how to use Zoom? For more information on joining a Zoom meeting click [here](#).

For information on privacy and confidentiality with the use of Zoom, please click [here](#) and review prior to joining us online.

For further information, please phone Richmond Public Health (604-233-3150).