



A free 6-week program for parents/grandparents with children age 0–6

Through informational workshops, experiential activities, guided discussions, and sharing, learn how to help children develop:

- *Self-discipline
- *Responsibility
- *Problem-solving skills
- *Self-esteem

*Registration is required for the 6-week program. Space is limited.

Free child-minding available

Language: English
Date: Every Tuesday, Sept. 4-Oct. 16 *except September 18 (6 sessions)
Time: 10am–12pm
Location: 295-7000 Minoru Blvd. Richmond (Caring Place)

For registration or enquiries: 604-279-7100 or kau@fsgv.ca