# Affordable Child Care Benefit

A monthly payment that helps families meet the costs of childcare, as well as a special needs supplement.

#### **Program Information**

A child care funding is available to help families in B.C. with the cost of child care:

- Families that earn up to \$111,000 may qualify for funding
- Families may be able to apply for full or partial funding depending on their circumstances and income

# Community Care Facilities Licensing

Protects and promotes the health, safety and well-being of children in licensed child care centres. This is done through education, collaboration and regulation.

### **Program Information**

Community Care Facilities Licensing provides:

- information to the public
- · consultation and resources
- · inspection and assessment of potential facilities and sites
- · assessment of licensee or manager to determine eligibility
- · assessment of qualifications and suitability
- inspections
- · assessment and support of licensed facility
- investigation of serious incidents, abuse, complaints and contraventions to the Community Care and Assisted Living Act and Regulations
- investigation of facilities operating without a Community Care Facility License.

# Richmond Child Care Resource and Referral Centre

Can help match you to child care programs that meet your needs.

### **Program Information**

Offers a free, multilingual referral service for child care programs within the community, and can provide resources on how to choose child care that's right for you.

Additional programs and services offered include:

- Information and application assistance for parents and providers regarding the BC Affordable Child Care Benefit (ACCB) program
- Richmond Early Years Library (REYL) which has educational resources available for parents and child care providers
- Parent Participation Programs:

#### Get in Touch:

#### Phone: 1-888-338-6622 Website:

https://www2.gov.bc.ca/gov/content/family-social-suppo rts/caring-for-young-children/child-care-funding/childcare-benefit

### Get in Touch:

Phone: 604-233-3147 Website: http://www.vch.ca/public-health/licensing/child-care

### Get in Touch:

Phone: 604-279-7143 Email: childcare@rcrg.org

# **Programs: Child Care**

RichmondKids.ca

- Together Time & Together Talks
- Cooking Together
- Junior Detectives
- Tummy Time & Toddle Waddle
- Family Child Care Training
- · Professional development training for child care educators and providers

### Supported Child Development Program

Helps families with children with special needs / developmental delays to access childcare.

#### **Program Information**

This program helps you make the tough decisions on where to bring your child. They help find licensed childcare who offer additional support to your child's needs.

They offer:

- Planning
- Training
- Resources
- · Hands on support

Download a copy of their handbook!

Cost: Free

#### Get in Touch:

Phone: 604-279-7010 Website: http://www.rscl.org/supported-child-development/

# **CAP-C** Program

Offers positive learning experiences for children up to six years old and their families at Woodward Elementary School.

### **Program Information**

CAP-C aims at providing a supportive learning environment and community support to parents, grandparents, caregivers and their children aged 0-6 years.

- Promote health and social development of children (Age: 0-6)
- Build social support network for families
- Family empowerment (education/community resources)

#### Provides:

- Culturally appropriate and linguistically sensitive programming in English, Mandarin, and Cantonese
- Summer recreation program in local parks
- Community support in StrongStart Program
- Circle time videos on YouTube: <u>https://www.youtube.com/channel/UCg-BwnBgnWd7caXL3ACrI9w</u>

## Ready, Set, Learn

Families and their preschoolers participate in playful activities and receive information on supporting early learning and development.

#### **Program Information**

Ready Set Learn events take place at various local elementary schools. Children and parents/caregivers participate in open ended activities, with a First Nations focus, and enjoy a concert by a local performer. Events take place between January and March. Parent resources are available on the Ministry of education website.

Locations will vary, so please see the Richmond School District website for up to date dates and times!

# **Richmond Family Place**

Provides drop in programs for parents and caregivers with children ages 0 to 6.

#### **Program Information**

Richmond Family Place is open to all families in Richmond. Programs are provided at the main site and many other locations throughout Richmond including:

- Brighouse Library
- · Cambie Library
- Lang Community Centre

#### Get in Touch:

Phone: 604-279-5599 Website: https://www.touchstonefamily.ca/programs-andservices/cap-c-program

#### Get in Touch:

Phone: 604-668-6000 Website: http://www.sd38.bc.ca

#### Get in Touch:

Phone: 604-278-4336 Website: <u>http://www.richmondfamilyplace.ca</u>

- Debeck House (Main Site)
- Hamilton Community Centre
- Neighbourhood Learning Centre
- Richmond Food Bank
- Steveston Library
- Steveston Park

Richmond Family Place provides a variety of programs including:

- · Play drop-in
- · Parenting programs
- Children's programs
- Family Support
- Resources and Referrals

**Cost:** \$25 membership fee / \$2 drop-in fee Or pay what you can – please talk to a family support worker if you need financial assistance

# **Richmond Parks & Recreation**

Information on community centres, aquatic centres and rinks, within Richmond. Also, download the newest version of the recreation guide!

#### **Program Information**

Richmond has a ton of recreation facilities and programs throughout the community. Below is a list of Community Centres and facilities you can contact!

Or you can visit the City of Richmond website.

You'll be able to find a variety of programs and services available. Don't have time to browse? Download a copy of their <u>recreation guide</u>.

### **Richmond Public Library**

Offers free baby time, story times, puppet shows, reading buddies and other drop-in programs at all branches.

#### **Program Information**

The Richmond Public Library has a number of family friendly programs you can attend such as:

- Toddler Time
- Family Story Time
- Learning Together
- Babytime

These programs are available at different library branches, and sometimes in different languages! Check out our events page, or visit the library's website.

### Get in Touch:

Website: http://www.richmond.ca/parksrec/overview.htm

#### Get in Touch:

Website: http://rpl.yourlibrary.ca/events\_calendar#/?i=9

# StrongStart Centres

Strongstart Centres provide a warm and exciting environment for you and your child to learn through play.

### **Program Information**

There are 5 locations within Richmond with varying hours to provide options for families to attend. The Facilitators at each location are qualified Early Childhood Educators who set up activities and materials that engage children's imagination and curiosity. Families participate with their children in stories, songs, puzzles, blocks, play dough, and much more. A small nutritious snack is served to the children.

There are multiple locations and times for Strongstarts. To book an appointment, <u>click here</u>.

For more information, visit our blog.

#### Get in Touch:

Website:

https://portal.sd38.bc.ca/public/dcr379a/STRONGSTA RTBlog/default.aspx#/

# Audiology

Hearing services for Richmond children up to the age of 19.

#### **Program Information**

Services may include:

- Full hearing assessment
- · Hearing screening programs for school-age children and newborns
- Hearing aid assessment
- Counselling
- Hearing aid sales
- · Fitting & follow-up services
- · Client and family education
- Consultation with other service providers
- Community education and awareness

#### Cost: Free

# Baby / Child Health Clinics

Clinics cover immunizations, developmental questions and provide parental resources.

#### **Program Information**

Have your child immunized and get information about your child's growth, development, and parenting resources.

Clinics are Monday to Friday, with an evening clinic available on Tuesdays. Call for more information!

Cost: Free

### Breastfeeding

Support for early breastfeeding from birth to six months and continuing breastfeeding for two years and beyond.

### **Program Information**

Public health nurses will help you with breastfeeding concerns or issues and assessment of your baby's growth.

Services include:

- Telephone and hotline support
- Home visits
- Office visits

Cost: Free

#### Get in Touch:

Phone: 604-233-3188 Website: http://www.vch.ca/locations-and-services/findhealthservices/?program\_id=476

### Get in Touch:

Phone: 604-233-3100

#### Get in Touch:

Phone: 604-233-3150 Website: http://www.vch.ca/locationsservices/result?res\_id=1021

### Dental

Helps to prevent early childhood dental disease.

#### **Program Information**

The Dental Hygienists focus on prevention and early intervention of Early Childhood Dental Disease. Preventive public health dental services are for children 1-5 years. Services include:

- Risk assessment
- Dental screening
- Oral health information
- Fluoride application
- Referral

All services are provided in clinic by appointment and in outreach settings. They also provide oral health education to various groups in the community upon request.

Cost: Free

# Healthiest Babies Possible

Provides nutrition counselling, health education, food access and social support to pregnant people facing challenging life circumstances in Richmond and Vancouver.

#### **Program Information**

The HBP staff includes Dietitians, Public Health Nurses and Support Workers fluent in a variety of different languages.

Their services include:

- Nutrition counselling to support the health of the pregnant individual and growing baby
- Food hampers, grocery gift cards, prenatal vitamins, vitamin D drops for babies as needed
- Breast/chest feeding and labour information
- Dental health education and dental hygiene referral (Vancouver clients only)
- · Opportunities to meet other families at drop-in groups
- · Additional referrals, support and advocacy

#### Get in Touch:

Phone: 604-233-3150 Website: http://www.vch.ca/locations-and-services/find-healthservices/?program\_id=2745

#### Get in Touch:

Phone: 604-675-3982 Website:

https://www.vch.ca/en/location-service/healthiest-babie s-possible-program-richmond-place-8100-granvilleavenue

# HealthLink BC - 811

Call 24/7 to receive information from a nurse about your symptoms or if you have any questions. You can also call 811 and ask to speak to a pharmacist, a registered dietitian or a qualified exercise professional.

### **Program Information**

Speak with a nurse about your symptoms, consult with a pharmacist about your medication questions, get nutrition advice from a dietitian, or talk to qualified exercise professional about physical activity. You can also email Physical Activity Services or a HealthLink BC dietitian through the HealthLink BC website.

You can also find the health services and resources you need closest to you. Translation is available in over 130 different languages.

# La Leche League

Mother to mother breastfeeding support.

### **Program Information**

They encourage, promote and provide mother-to-mother breastfeeding support and educational opportunities as an important contribution to the health of children, families and society.

# Nutrition

A resource for families with concerns about a child's nutrition and growth

### **Program Information**

Individuals who have concerns about a child's nutrition and growth may call the switchboard for Public Health in Richmond at 604-233-3150 and ask to speak to a Public Health Nurse to assist with a nutrition request.

Cost: Free

# Prenatal Classes

Prenatal classes taught by professionals, available in English.

### **Program Information**

Douglas College offers two options – a prenatal series, or prenatal in a day. They will go through such things as:

- Pregnancy
- Labour
- Birth

### Get in Touch:

Phone: 8 1 1 Website: http://www.healthlinkbc.ca

### Get in Touch:

Phone: 1-800-665-4324 Website: http://www.lllc.ca/

### Get in Touch:

Phone: 604-233-3150

### Get in Touch:

Phone: 604-527-5472 Website: https://www.douglascollege.ca/continuingeducation/prenatal-program/prenatal-classes

# **Programs: Health & Early Child Development**

RichmondKids.ca

- Postpartum
- Breast Feeding
- Baby Care

Amongst other topics, with plenty of opportunities for questions. Costs for classes vary, and are adjusted if there is a financial need.

## Pacific Post-Partum Support Society

A self-help program and support for moms suffering from postpartum depression.

#### **Program Information**

The Pacific Post-Partum Society offers a number of ways to receive support such as:

- Telephone and text message support
- Weekly support groups
- Support for partners
- Publications and resource materials
- Partner and couple information sessions

# Richmond Early Childhood Mental Health Program

Serves children 0 to 6 years of age and their families to promote children's mental health and to treat behaviour problems. Requires doctor referral

#### **Program Information**

Examples of behaviour problems include (but are not limited to):

- Feeding
- Sleeping
- Crying
- Aggression
- Anxiety
- Not listening
- Potty training
- Adjustment to adoption

Community partners can download a referral form to take to doctors.

### Speech & Language

Speech-language pathologists use a variety of activities to help children learn new speech and language skills.

#### **Program Information**

Speech-language pathologists provide assessment and therapy to children who

#### Get in Touch:

Phone: 604-255-7999 Website: http://postpartum.org/services/

#### Get in Touch:

Phone: 604-675-5800 ext. 42018 Alternate Phone: 604-278-9711 ext. 384055 Website:

https://www.vch.ca/en/location-service/early-childhoodmental-health-services-richmond-place-8100-granvilleavenue

### Get in Touch:

Phone: 604-233-3228 Website: http://www.vch.ca/locations-services/result?res\_id=502

have trouble talking, understanding others, pronouncing speech sounds, having a healthy voice or talking without repeating words and sounds.

Services are available to infants and children until Kindergarten entry. Activities, such as games, books, and toys, are used to assess each child's speech, language, and communication needs, and to help them improve their skills in these areas.

Cost: Free

# Adoptive Families Association of BC

Provides province-wide support and advice if you are beginning to think about adoption, if you have decided to adopt, and if you have already had a child or children join your family.

### **Program Information**

This AFABC website contains a number of resources and information for all stages of adoption. They are dedicated to finding families for children, and provide programs to support the adoption community. Support services include:

- · Family support
- Youth support
- Support groups
- Community groups
- Intensive support services
- Family camp subsidies
- PASS Program

# Richmond Early Year Bridging Program

Provides support for new and current refugees living in Richmond with children 0-6 years.

#### **Program Information**

The Richmond Early Years Bridging Program at Richmond Family Place supports new and current refugees living in Richmond. They provide a safe and supportive environment to play and learn, connect with others, learn about parenting within a Canadian context, and obtain information about resources available to them in Richmond.

Registration is required - certain qualifications must be met.

# Family Services of Greater Vancouver

Offers counselling and parenting workshops in English, Cantonese and Mandarin.

### **Program Information**

Family Services of Greater Vancouver helps families through hard times in their lives. They do this through a number of ways:

- Professional counselling
- Therapy
- Education
- Advocacy
- Planning
- Other services

#### Get in Touch:

Phone: 1-877-ADOPT-07 Website: <u>http://www.bcadoption.com</u>

### Get in Touch:

Phone: 604-278-4336 Email: hala@richmondfamilyplace.ca Website: http://www.richmondfamilyplace.ca/refugee/

### Get in Touch:

Phone: 604-279-7100 Website: http://www.fsgv.ca



### Ministry of Child and Family Development

Protects and supports children at risk of neglect or abuse. Supports families to maintain or resume responsibility of their children.

#### **Program Information**

MCFD in Richmond provides child protection and family services. If you think a child or youth under the age of 19 is being abused or neglected, you have a legal duty to report your concern to a child welfare worker.

# Parent Peer Support Training

For parents and/or caregivers with children 0 to 6 years of age who are interested in learning about peer mentorship.

### **Program Information**

This training course is for individuals interested in working with other parents in a supportive role through Family Place programs. Topics to be included:

- What is a Family Resource Centre?
- The benefits of volunteering.
- What does peer support look like?
- Stress Management
- How to be an effective listener
- · Crisis Management
- Community resources and the referral process

## **Richmond Family Place**

Offers a variety of parent workshops, and early years expert visitors during programs throughout the year.

#### **Program Information**

Join interactive, informative parent workshops, like Nobody's Perfect, and Make the Connection. These workshops are provided at different times throughout the year, so make sure to get in touch with them!

A number of visitors also come to the drop-in programs such as:

- Speech Language Therapists
- Dental Hygienists
- Dietitians
- Infant Development Program

#### Get in Touch:

Phone: Emergency: 1-800-663-9122 Alternate Phone: Office: 604-660-1044 Website:

http://www2.gov.bc.ca/gov/content/family-social-suppor ts/data-monitoring-quality-assurance/find-services-forchildren-teens-families/sda-richmond

#### Get in Touch:

Phone: 604-278-4336 Email: ruth@richmondfamilyplace.ca Website: http://www.richmondfamilyplace.ca/parenteducation/#connections

#### Get in Touch:

Phone: 604-278-4336 Website: <u>http://www.richmondfamilyplace.ca</u>

# S.U.C.C.E.S.S.

A multi-cultural, multi-service agency that assists everyone at all stages of their Canadian life.

#### **Program Information**

S.U.C.C.E.S.S. offers a number of multilingual services such as:

- Settlement services
- Community services
- Housing services
- Employment services
- Multi-level care

# **Touchstone Family Association**

Provides education and support groups for parents, with a focus on culture, parenting skills, sharing experiences, making friends, and building family life and relationships.

#### **Program Information**

#### CAP-C:

CAP-C provides culturally diverse groups for families with children ages 0-6 years. Free child minding is provided. There are opportunities for families to share information, learn about child development, parenting skills and techniques. Parents also socialize and participate in community education workshops. The CAP-C program is a free drop-in program, can be accessed by self-referral. The Cap-C office is located at 210-3031 Viking Way in Richmond and the programmis is offered at various sites in the community. For more information, contact Annie Leung at 604-207-5027 or email aleung@touchfam.ca.

#### **Richmond Early Years Program**

We support families with children 0-6 years old who are living in Richmond. Support and services are focused on establishing connections and providing information and resources to encourage children's development. Outreach Workers provide one-onone support to families with young children to build connections with other resources from home to the community.

We offer a free parent participation program "Toddler Time for Chinese Speaking Families" held at the Richmond Public Library and Seedlings Early Learning Hub. For more information, call 604-341-2799 or 604-207-5027.

Touchstone regularly provides information and updates on community services and programs on WeChat.

#### Family Preservation & Reunification and Front Porch Program

We provide a range of counselling and support services for family, youth and children. TFA provides in home/office counselling to families in crisis. TFA works with children, youth and their families on an outreach basis. The services include

### Get in Touch:

Phone: 604-279-7180 Website: http://www.successbc.ca/

### Get in Touch:

Phone: 604-279-5599 Website: https://www.touchstonefamily.ca/ counselling work with children and youth, teaching parenting skills, child development and connecting families to available resources. FP&FR also provides a crisis intervention service for parents and teens experiencing difficulties living together. With the TFA counsellor, communication will be enhanced preventing family breakdown.

Referrals to FP&FR program are made through the Ministry for Children and Family Development at 604-660-1044 and for **FRONT PORCH PROGRAM** self-referrals, please contact our main line. Touchstone Family Association is located at 210-3031 Viking Way in Richmond. For more information, call 604-279-5599 or email touchstone@touchfam.ca.

**FASD/CDBC** provides support for families through the referral, assessment, and diagnostic process. Links families to appropriate community service providers and healthcare professionals. Provides education to parents, caregivers, community agencies and the general public. Coordinates assessment within the referral area. Assists parents and caregivers to develop a multidisciplinary team to develop and implement a comprehensive service plan. For more information call 604-279-5599 or email touchstone@touchfam.ca.

# FamilySmart Parent-in-Residence

For families and caregivers who are parenting a child (0 to young adult) with a mental health and/or substance use challenge.

#### **Program Information**

- We are families, whose kids struggle with mental health challenges. We know what it is like because we've been there too.
- We understand how isolating it can feel when your child or youth is struggling.
- We know how hard it can be to find and wait for services and supports when you need help.
- · We know that your whole family is being impacted.
- We also know how important you are, how hard you are working and that you may need some support right now, too.

# How Can a Parent In Residence (PiR) Help You and Your Family?

We offer peer support to families and caregivers who are parenting a child (0 to young adult) experiencing mental health challenges.

We use our lived experience to help other families. We will listen to you and understand what you are going through because we've been there.

We can connect your family to resources and information about services and supports that are available to you.

### Get in Touch:

Phone: 604-878-3400 Email: info@familysmart.ca Website: <u>http://www.familysmart.ca</u>

We can help you to prepare for meetings with the professionals who are providing services to your child or youth. We know how important these relationships are and that it really makes a difference when we can work well together.

We can talk with you about how you are taking care of yourself, because you matter and we know it's hard to think of yourself when your child is having a hard time.

PiRs can meet with families by phone, video chat, email and in-person.

# **Richmond Colts Program**

An education and daycare program for young parents up to age 26, which allows them to complete their high school education.

#### **Program Information**

The COLTS program provides the following:

- · Childcare facility on Richmond Secondary School grounds
- Parent education and counselling
- · Academic courses available on a quarterly basis with continuous intake
- A teacher dedicated to pregnant and parenting youth
- Encouragement and assistance in completing an education program
- · Parenting skills
- Life skills
- · Strong sense of self, improved self esteem
- Tools for exploring career and work opportunities
- Understanding of post-secondary education options

This is all while your child is in a licensed child care on the school grounds. Daycare is licensed for children up to 36 months.

Cost: Free

## Health Care Pregnancy Program

The Health Care Pregnancy Program assists pregnant and newly parenting individuals who use or have used substances, and would like additional support.

### **Program Information**

Operated by the BC Association of Pregnancy Outreach Programs (BCAPOP) in collaboration with the Elizabeth Fry Society of Greater Vancouver, the Health Care Pregnancy Program aims to better support pregnant, postpartum and newly parenting people who use or have used substances in BC and utilizes formal connections between acute care facilities and BCAPOP Program Members.

#### **Program Priorities**

- Inreach into acute care and community settings to support pregnant, postpartum and newly parenting people using substances (up to 7 months postpartum)
- Focused on participants experiencing risks to their health and well-being (e.g., lack of stable housing, food insecurities, lack of prenatal care, experiencing poverty, experiencing gender-based violence, experiencing systematic racism)
- Meeting with the participants throughout the pregnancy, walking alongside her journey and supporting their access to basic needs, supporting transitions in and out of acute care programs, advocating for mother-baby togetherness, etc.

#### Get in Touch:

Phone: 604-668-6400 ext. 2250 Alternate Phone: 604-723-9742 (Cell)

#### Get in Touch:

Phone: 604-240-7169 Email: sita.piers@elizabethfry.com Website: <u>https://www.bcapop.ca/Pilot-Project</u>

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# BC Centre for Ability

Provides early intervention therapy, rehabilitation and vocational services for young children with physical, neurological and developmental challenges.

### **Program Information**

The BC Centre for Ability wants to help you and your family with giving your child the best life possible. If your child has a disability, developmental delays, or you just have questions, they're here to help.

What they do:

- Brain Injury Services
- Social Emotional Services
- Therapy Services
- Vocational Services
- Family and Professional Resources

#### BC Centre for Ability Main Office

2805 Kingsway Vancouver, BC V5R 5H9 Tel: (604) 451-5511 Web: <u>www.bc-cfa.org</u>

#### **BC** Centre for Ability Richmond Office

Sprouts Early Child Development Hub 3368 Carscallen Road Richmond, BC V6X 2H6 Tel: (604) 320-5817

# Family Resources and Coordination

Provides information, resources and/or support to family members who face the extraordinary circumstances that come with having a family member with a developmental disability.

### **Program Information**

Services include:

- Refers families to services and programs offered by community partners
- Can act as an advocate for the family to ensure appropriate continuum of care
- Assists with life transitions such as from services for children to services for adults
- Family networking
- Training and information sessions

### Get in Touch:

Phone: 604-451-5511 Alternate Phone: Richmond: 604-320-5817 Website: <u>http://www.bc-cfa.org</u>

### Get in Touch:

Phone: 604-242-3516 Website: <u>https://aspirerichmond.com/family-resource/</u>



# Family Support Institute

Strengthen and supports families who have a family member with a disability.

### **Program Information**

The Family Support Institute is run by families like yours. They provide information, resources, and training. All of their workshops are written, and run by families. Some workshops include:

- Key roles for families in ensuring good lives
- Families leading the way
- Preschool transitions
- · Registered disability savings plan

# Infant Development Program

Provides support for children birth to 3 years of age who may have or are at risk of a delay in development.

### **Program Information**

This program is for families whose child has a developmental delay, at risk for one, or has a diagnosis which could lead to a developmental delay. Services are available in English, Cantonese and Mandarin.

Program services include:

- Home visits to encourage your child's progress through play-based activities
- Parent/caregiver support in your first language
- Assistance in understanding and responding to your child's needs
- · Education in typical and atypical development, and disabilities
- Screening tools such as questionnaires and developmental assessments to determine your child's strengths and needs
- · Written reports and records documenting your child's ongoing progress
- Toy and book-lending library
- Connections with other available services and community professionals
- · Help including your child in community activities
- Support for families in advocating for their child

Download a copy of their handbook!

# PACE

Pace is a healing and learning centre for children with significant emotional and/or behavioural challenges and their families.

### **Program Information**

Pace offers general and child-specific support to preschools and child care centres through Outreach Support Services. Programs and services they offer are:

### Get in Touch:

Phone: 1-800-441-5403 Website: <u>http://www.familysupportbc.com</u>

### Get in Touch:

Phone: 604-279-7016 Website: https://aspirerichmond.com/our-services/earlyintervention/infant-development-program/

### Get in Touch:

Phone: 604-266-3141 Website: <u>https://thepaceprogram.ca/</u>

# **Programs: Children Who Require Additional Support**

RichmondKids.ca

- Outreach support services
- Supporting healthy transitions
- PACE Family Program (therapeutic preschool)
- Therapy for children (Play, Art, and expressive Arts)

# **Respite Care**

Respite care providers give families a break by spending a few hours or an overnight period with their child with developmental disabilities.

#### **Program Information**

Sometimes you just need a few hours to yourself, or even a night. The respite care program can do that for you, whether it's to get things done around the house, or if you just need to rest and renew.

Download a copy of their Adult Respite Handbook

Download a copy of their Children's Respite Handbook

## Supported Child Development

Helps families with children with special needs / developmental delays to access childcare.

#### **Program Information**

This program helps you make the tough decisions on where to bring your child. They help find licensed childcare who offer additional support to your child's needs.

Program Services Include:

- Planning
- Training
- Resources
- Hands on support

Download a copy of their handbook!

### Autism Information Services British Columbia (AIS Get in Touch: BC) Phone: 1 844 878

Provides information and supports for autism and related disorders to families, service providers, and community professionals across the province.

#### **Program Information**

Autism Information Services British Columbia (AIS BC) is a provincial information centre for autism and related disorders that provides information and supports to families, service providers, and community professionals across the province. AIS

#### Get in Touch:

Phone: 604-279-8245 Website: https://aspirerichmond.com/family-respite/

### Get in Touch:

Phone: 604-279-7010 Website: https://aspirerichmond.com/our-services/earlyintervention/supported-child-development-program/

Phone: 1 844 878-4700 Email: AutismInformation@gov.bc.ca Website: <u>http://autisminfo.gov.bc.ca</u>

BC can assist by providing information on assessment and diagnosis; best practice treatment options; learning about and navigating the Autism Funding Program; paperwork; finding and hiring professionals; identifying and accessing provincial and local-level community supports and services; and managing transitions across infancy, preschool, school-age and emerging adulthood.

Office Hours: Mon-Fri, 8:30 am - 4:30 pm

# The C.O.D.E. Initiative

The C.O.D.E. Initiative is at the forefront of empowering youth, particularly neurodivergent and autistic youth, through tailored STEM workshops and coding classes.

#### **Program Information**

The C.O.D.E. Initiative is a female-founded non-profit organization that stands for Creating Opportunities and Defining Education.

In 2021, The C.O.D.E Initiative was awarded a grant from the BC Tech Association's Digital Lift program. This funding has allowed the organization to create the codewithCODE bursary program. The aim is to increase access to inclusive coding education, by breaking down cost barriers for those with financial need. Close to 200 workshop bursaries will be distributed through the application process, allowing neurodivergent students to register for courses at no cost to their families.

The codewithCODE program is open to children aged 6 to 17, who are diagnosed or self-identify as *neurodivergent*.

#### What is meant by neurodivergent?

Neurodivergent means students who are diagnosed or self-identify as being on the *Autism Spectrum* or having *ADD/ADHD*, *Dyslexia*, *GAD*, *or any other special needs or intellectual or developmental disabilities*. It also mean any student who has any sort of exceptionality or *learning difference* that would benefit from 1:1 teaching.

### Get in Touch:

Email: engagement@thecodeinitiative.ca Website: http://thecodeinitiative.ca/codewithcode

## **Chinese Help Line**

Provides information and emotional support in Cantonese and Mandarin.

#### **Program Information**

The S.U.C.C.E.S.S. help lines services demonstrate equity, non-discrimination, and respect for the client's privacy, consent and choice. They also demonstrate cultural sensitivity towards diverse values and beliefs.

# **Crisis Counselling**

Serves people in crisis through transition and education.

#### **Program Information**

Chimo provides services from community building to prevention, from individual crisis support to advocacy, and from peer support to education.

- Crisis: Crisis Lines, Nova House, Crisis Counselling
- Transition: Counselling, Outreach and Advocacy, Settlement Services
- Education: Community Engagement

### Legal Aid

A non-profit organization that is there to help with any legal problems you might have.

#### **Program Information**

If you have a legal problem, but can't afford a lawyer, that's where legal aid comes in. They offer a number of services, and help with matters like:

- · Serious family problems
- · Child protection matters
- Immigration issues
- Criminal law issues

### Nova House Transition House

Offers a crisis line and temporary, safe accommodations for women and their children experiencing violence or at risk of violence.

#### **Program Information**

Provides temporary accommodation in a safe and secure environment for women and their children who are experiencing violence or are at risk of violence.

They are a free and confidential service and are staffed 24 hours a day, 7 days a week with trained staff. Women and children can stay up to 30 days while

#### Get in Touch:

Phone: Cantonese: 604-270-8233 Alternate Phone: Mandarin: 604-270-8222 Website:

http://www.successbc.ca/eng/services/familyyouth/counselling-service/358-chinese-help-lines

#### Get in Touch:

Phone: Crisis Line: 604-279-7070 (7 days a week, 8am till midnight) Alternate Phone: Office: 604-279-7077 Website: http://www.chimoservices.com

#### Get in Touch:

Phone: 604-408-2172 Website: http://www.legalaid.bc.ca

#### Get in Touch:

Phone: Nova House Crisis Line: 604-270-4911 Alternate Phone: Chimo Office: 604-279-7077

accessing emotional support and available resources. Residents can obtain assistance with immediate practical concerns such as health, legal issues, housing, financial needs, schooling, child care, and transportation.

# **Richmond Food Bank**

Provides healthy food for Richmond families, whatever your reason for need.

#### **Program Information**

Richmond Food Bank connects people, food, and services that are essential to health and well-being. The Richmond Food Bank gives healthy and nutritionallybalanced food to more than 1400 people in a typical week, providing Richmond residents with healthy food choices and connecting clients to services that address the root causes of poverty.

# **Poison Control Centre**

Provides information on poisons and treatments.

#### **Program Information**

Poison Control centre is available in 150 different languages, and 24/7. Remember that this is not a substitute for 911! Many poisonings can be prevented. It only takes a minute to learn about how to prevent a poisoning and what to do if it happens. Here are a few facts:

- Over half of all poisonings occur in children younger than 6 years of age.
- Every hour at least one child in British Columbia is poisoned.
- The most common "poisons" in children are cough/cold medicines, pain and fever medicine, plants and cleaners.
- · Most poisonings in children happen just before lunch and before dinner when children are hungry and least supervised.
- "Child-proof" caps are not child-PROOF, they are only child-RESISTANT.

### Get in Touch:

Phone: 604-271-5609 Email: info@richmondfoodbank.org Website: http://richmondfoodbank.org

### Get in Touch:

Phone: 604-682-5050 Alternate Phone: 1-800-567-8911 Website: http://www.dpic.org/contact