

LEARN & SHARE

Healthy Eating for Young Children

儿童健康饮食



Learn parenting skills to nurture your child's healthy development and meet other parents!

United Way Avenues of Change presents a Learn & Share event on "Healthy Eating for Young Children" in English with Mandarin translation for families with young children living in Richmond City Centre neighbourhoods. Learn how to help your children eat well and stay healthy, and tips for meal and snack times. Have your questions answered by Richmond Public Health dietitian.

Wednesday, June 7th, 2017, 9:45 am to 11:15 am

Brighthouse Library Kids' Place (100-7700 Minoru Gate, Richmond)

学习育儿技巧, 强化亲子关系

"儿童健康饮食" 英语/普通话讲座, 列治文卫生署营养师主讲儿童的饮食营养、饮食安排、偏食等方面, 帮助孩子建立良好饮食习惯, 让他们健康成长。欢迎住在列治文市中心区的家长参加!

2017年6月7日, 星期三, 上午9时45分至上午11时15分

列治文 Brighthouse 图书馆儿童部 (100-7700 Minoru Gate, Richmond)

Speaker 主讲嘉宾: Public Health Dietitian



Vancouver Coastal Health - Richmond Public Health

Registration 报名: Eventbrite.ca 扫描二维码在线登记



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United Way
Lower Mainland

